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**NAWIC Core Values**

- *Believe* in ourselves
- *Persevere* with the strength of our convictions
- *Dare* to move into new horizons



**Core Purpose: To Enhance the Success of Women in the Construction Industry**

**BELIEVE      PERSEVERE      DARE**

## *President's Message*

I was proud of the showing we made for the Quad Regional meeting Welcome Party/NAWIC Education Foundation (NEF) fundraiser. We had Jan, Lily, Sue, Darylene and myself signed up for the weekend event, and Maureen and Marilyn assisted us on Friday. The expensive food turned out fine, thanks to cash contributions from regional chapters (\$180 Puget Sound, \$180 Tacoma, and \$200 Tri-cities). I'm not sure what NEF made, but the participation in the con-

struction board game and the raffle baskets (one from our chapter and one from Tacoma) were a hit. I was amazed that 85 women from our industry could come to Seattle during such a busy construction season.

August Meeting. We hope you can participate in making our plans for the coming NAWIC year with our newly elected Board of Directors on August 21. Lily has offered her deck in South Seattle. There is easy access from Hwy 405 and I-5.

Do you want to see some changes? Come tell us what would help you get more out of your chapter membership.

September Meeting: Our cruise on Frank Young's Companionship will be members only this year. The date is September 18, the 3<sup>rd</sup> Monday.

Maybe some of our fence hangers will join for this priceless experience. (Am I sounding like the incoming Membership Chairperson?)

*Judy Jewell*

## *Last Month's Membership Meeting*

On July 10th, our regular membership meeting was held at Skanska USA Building Inc.'s new office near REI in downtown Seattle.

The guest speaker was Alice Rowe on the topic "Working". Ms. Rowe is a corporate trainer, educator, public speaker, and author of her latest book, "Where Have All the Smart Women Gone".

Ms. Rowe explained that women live in a country called "Double Bind", where they generally fall into four different categories, with little or no

overlap:

- The Land of Lost Dreams - little or no female role models
- The Land of Sexism - little or no encouragement to be bright/smart
- The Land of Dumbing Down - needing to appear to be less capable
- No Cracks Allowed - taking on everything as if we can and will handle everything (bring it on)

However, Ms. Rowe explained that Smart Women move on to

another country called "Celebration", and getting there involves:

- Establishing your own definition of achievement,
- Finding balcony people, those on our imaginary balcony, encouraging us, and
- Forming empowerment teams to share goals and challenge us.

To find out more about Ms. Rowe check out her website: [www.alicerowe.com](http://www.alicerowe.com).

# Ask Nicole



**Nicole Kampmann**

nicole.kampmann@macmiller.com



Do you have an interesting story you want to share with other women? Either an experience at work that was just weird or a wise solution that worked out for you? Let me know!

... Ask Nicole!

**Due to urgent construction proposal deadlines this month, Ask Nicole will resume her editorial section next month.**

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# Donation to Scholarship

Thanks to Ms. Alice Rowe, all proceeds from the selling of her book at the July membership meeting were donated to our chapter's Scholarship Fund. That's \$180 for next year's college recipient. If you didn't get a chance to hear Ms. Rowe speak, you may want to check out her book, "Where Have All the Smart Women Gone".

# Alpha-Male

*What Men Don't Tell Women About Business* is an incredible presentation by "Alpha Male" Christopher V. Flett, a successful entrepreneur, business development expert and coach specializing in working with professional women. Chris is very funny - and while he is pure "Alpha Male" he is also

surprisingly well mannered. (His mother raised him right.)

This engaging, interactive and thought provoking presentation opens the male "playbook" to business. For some women it is a revelation, for others it

confirms what they suspected, and for some of the more opinionated and passionate - it creates controversy and a discussion. It is great for women in construction, regardless of the size of the firm they work with. This will give an inside

look to how men view business and women in business settings. This will offer additional information that probably hasn't been discussed before, and includes common beliefs about men and women in business in an entertaining and useful manner.

Chris will be our guest speaker for our upcoming November membership meeting. However, this will not be an ordinary meeting, so Jan Lawrence is looking to form a committee to fill positions such as event visionary, marketer, public relations, events coordinator, and ticket salesperson. Send inquiries to [jan.lawrence@skanskausa.com](mailto:jan.lawrence@skanskausa.com).

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## Quad Region Meeting Recap

### JAN LAWRENCE

Quad was not as complicated as Forum. It consisted of a Welcome Party, a full day of team exercises and breakout classes and an optional dinner at DeNunzio.

Puget Sound and Tacoma chapters did a great job on the Welcome Party, given the hotel restrictions and very expensive food. The self-serve bar worked well, and made even better by having attentive staff.

#### Team Exercise

The exercise in estimating was a good experience. I love things that bring groups together with the chance to have a common goal. Our team actually did very well, although we learned a good lesson about following directions. We missed the part about putting our name on the envelope. It was interesting to see how a group of strangers each quickly assessed the situation, identified a role they can fill and when the time came, they simply went to work. That is the beauty of working with professionals. I see that everyday in successful teams at work and I see it in our own NAWIC chapter.

#### Afternoon Classes

I chose the class on Budgeting, hoping to learn more about NAWIC needs, wants and mores. Instead, it centered on budgeting from an estimating worksheet. Although this is interesting, there are many nuances that change from state to state, and from government to private. I think it could have been handled differently. We spent about five minutes on a NAWIC budget which was really a missed opportunity.

The second class was on leadership which I found frustrating. The techniques were from an empathetic "let's all be happy" point of view which may work with the "girls" in the office but is less than professional in our workplace. The talk should have centered on more updated techniques such as Win-Win, valuing people, setting goals and deadlines, motivational techniques and so many other topics that contribute to strong leadership.

#### Conclusion

I am having a little trouble trying to figure out the purpose of quad meeting. I enjoyed the social events, but hoped to have taken away from the meeting a little more sub-

stance. It is my hope that when we do an event such as this that we pick a theme and carry the thread throughout the day so the sum of the parts add up to more than the whole.

### JUDY JEWELL

The keynote speaker was Bob Parks from Columbia Iron Works, out of Portland, Oregon. They fabricate and install the world's most highly demanding, complex steel structures such as the Experience Music Project (<http://www.cwi1.com/structure/emp.html>). It's a family owned business that started way back.

There's always something new to sell at construction events, including recently launched: Tomboy Tools, selling well-made, light-weight tools to fit your hands. Tomboy Tools demonstrated a drywall repair that looked easy and could be part of a selling party, like the old Tupperware parties. Perhaps this could be a future chapter meeting.

The interactive estimating exercise was very difficult for me and my group. I thought I knew more about how general contractors estimate. We had one hour, 5 people, 3 bid faxes, 4 phone bids, and one huge pile of paper with instructions and bid numbers. The only thing we did well was name ourselves the Lo5 Construction Co, LLC.

### LILY IFTNER

Since Quad is a strategic planning meeting, it was very much like the Fall Annual Planning Conferences, same duration but more attendees. Though, I'd have to admit, I thought Quad was more like the Spring Annual Forum. I was really expecting "strategic planning" among the chapters, such as sharing ideas and working to improve each chapter.

Of course, I'm rather a pro-active sort so I met many members from other chapters and offered to share some of Puget Sound Chapter's ideas. In fact, my talking was



quickly passed on to the NAWIC National Immediate Past President, Nancy Eaton. As a result of the squeaky wheel, Nancy asked that I present Puget Sound Chapter's marketing, specifically our vinyl, free-standing display during her scheduled Best Practices Discussion. I know that not every chapter is document savvy, so I offered to share with each interested member our templates for producing their own vinyl display, chapter stationary, thank you cards, etc. After talking to several members from other chapters, I believe the Puget Sound Chapter is ahead in the game. We have a great website, marketing display, professional looking document templates, and pro-active members.

I was not a fan of the estimating exercise. Most of my teammates had no experience with construction bids. It would have been nice to allow more time to explain the process to non-bidders before we stepped into the 11th hour bidding game. The 11th hour is the last hour before bids are completed and sealed for public opening. I think the non-bidders could have gotten more out of the exercise, other than frustration.

I enjoyed the Communications & Business Writing presentation by Robin Fulton Meyer. As it turned out, Robin is a paralegal doing mainly construction defect litigation in California, which is right in line with my work in forensics engineering. Her topic seemed rather basic, but is a topic that I think most of us forget since the e-mail age of typically less-than-formal correspondences. There were a lot of questions, which proved the basic topic to be much more important to the average member.

I also enjoyed the last presentation on Best Practices by Nancy Eaton. The topic was interactive. I learned there are better ways for everything, which may include your own method of delivery and speech.

# Campfire Day Camp

On Wednesday July 26, our chapter assisted the Associated General Contractors (AGC) Education Foundation in the Campfire Day Camp at Woodland Park, headed by Derek Sparks. Derek is the AGC Foundation's new Careers Coordinator.

The camp involved kids from the 2nd through 5th grade in 5 different sessions. With blocks loaned by the NAWIC Tacoma Chapter, we put on a Mini Block Kids Construction Activity for the kids. We had enough blocks for 10 kids per session which worked great. We saw about 35 kids. The kids were creative and used some of the Block Kids rocks to make a very interesting and balanced tower.

The rules for the mini Block Kids is as follows:

- Each child gets a chance to build their own construction project
- They work in teams of 2 or 4.
- Each gets 100 small Legos (No special pieces).
- Each gets to choose 3 of the 4 from the following materials list to use:
  - ⇒ 1 rock
  - ⇒ 1 piece of string
  - ⇒ 1 piece of poster board
  - ⇒ 1 piece of tinfoil
- The materials can be torn or molded into smaller pieces (no scissors).
- 30 minutes is allowed for building.

One group of 4th to 5th grade girls finished their Block Kids project so quickly that we supplied our Jenga block game to play with in the shade. Our Jenga blocks were especially prepared with names of construction professions on each block.

I prepared a gumdrop dome activity for

them to take home and we even used them with 2nd and 3rd grade girls' group who preferred that activity over Block Kids.

Participating from our chapter were Nicole Kampmann, Lucy Bodilly and myself. I also recruited John Fields and Jason Baumgardt from my office. It seemed like all of the kids and adults had a great time.

Derek will be seeking ways that AGC and NAWIC can work together in the future.

*Judy Jewell*



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**Schedule of Events**

- Aug. 21st: Puget Sound chapter's Annual Strategic Planning Retreat for Board of Directors. Open to members. Contact President, Judy Jewell for RSVP and information, JudyJ@olymprecast.com.

# August 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 <small>Strategic Planning 5:30pm</small>	22	23	24	25	26
27	28	29	30	31		

# September 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
			<b>NAWIC Convention</b>			
10	11	12	13	14	15	16
17	18 <small>Membership Mtg 6:00pm</small>	19	20	21	22	23
24	25	26	27	28	29	30

**Schedule of Events**

- Sep. 6th - 9th: NAWIC National Convention in Kansas City, MO. Go to [www.nawicconvention.org](http://www.nawicconvention.org)
- Sep. 18th: Puget Sound chapter's annual boat cruise, compliments of Frank Young, formerly of GLY Construction. Open and free to all members. Space is limited, go to [www.nawicpugetsound.org](http://www.nawicpugetsound.org) for RSVP and information.

## The Women of NAWIC

These are the current members of NAWIC Puget Sound Chapter. They are a diverse group of professionals within the construction industry.

**Kim Anderson** - Owner  
AAR Testing Laboratory Inc.  
Member since October 1990

**Sharon Andreason** - CPA  
McDevitt & Andreason  
Member since April 1992

**Peigi Barkley** - CM Assistant  
Harris & Associates  
Member since October 2004

**Jessica Bell** - Project Manager  
Wilder Construction Company  
Member since June 2006

**Kelly G. Blazy** - Attorney  
Preston, Gates & Ellis  
Member since January 2005

**Lucy Bodilly** - Editor  
Northwest Construction Magazine  
Member since February 2006

**Lynn C. Bruner** - Project Manager  
Bennett Homes  
Member since October 2005

**Maureen J. Byrnes** - Field Coordinator  
KBA Construction Management  
Member since August 2004

**Vanessa Carmen** - student  
Cardinal Heating & AC  
Member since October 2005

**Virginia A. Carey** - Office Mgr/Co-owner  
Carey's Rockeries & Grading LLC  
Member since May 1980

**Erin G. Chamberlain** - Design & Permitting Manager  
Port Blakely Communities

Member since October 2003

**Julia Cordero** - student/Habitat for Humanity volunteer  
Member since August 2005

**Heather Crockford** - Project Manager  
Wilder Construction Company  
Member since June 2006

**Darylene J. Dennon** - CEO/Owner  
Solid Energy, Inc.  
Member since October 2002

**Carrie S. Dossick** - CM Assist. Professor  
University of Washington  
Member since October 2005

**Lydia A. Eckman** - Project Engineer  
Lease Crutcher Lewis  
Member since June 2005

**Heather Fredericks-Winfrey** - Director  
Construction Center of Excellence  
Renton Technical College  
Member since May 2006

**Juanita "Nita" Garrison** - Tradeswoman  
Ms. Jack Of All Trades, LLC  
Member since April 2005

**Kristi G. Gillihan** - Human Resources  
Wilder Construction Company  
Member since May 2006

**Janith J. Gould** - retired  
Past National NAWIC President  
Member since January 1962

**Colette Guckian-Brady** - CPA/Partner  
Tueffers, Guckian & Gamon, PLLC  
Member since January 2002

**Karen Harnes** - Principal/CPA  
Bace Company  
Member since October 2003

**Gwyn Hart** - HR Supervisor  
Cadman Inc.  
Member since April 1995

**Lily K. Iftner** - Forensic Engineer/Owner  
Construction & Structural Investigation  
Member since March 1999

**Ann Jarvis** - VP of Safety & Education  
Associated Builders & Contractors  
Member since February 1973

**Judy Jewell** - President  
Olympian Precast Inc.  
Member since January 1988

**Teresa M.R. Johnson** - Project Engineer  
Lydig Construction, Inc.  
Member since October 2005

**Nicole D. Kampmann** - Proposal Assist.  
MacDonald-Miller Facility Solutions  
Member since February 2006

**Ellyn Kiner** - Project Administrator  
GLY Construction, Inc.  
Member since September 1977

**Jan G. Lawrence** - Cost Accountant  
Skanska USA Building, Inc.  
Member since July 2005

**Sue Maddox** - Contracts Administrator  
Jackson Dean Construction, Inc.  
Member since January 1988

**Marilynn A. Moch** - Owner  
Blue Sky Steel Solutions, LLC  
Member since July 2003

**Brenda S. Molner** - Attorney/Engineer  
Ater Wynne LLP  
Member since March 1999

**Judith Peace** - Commercial Banker, VP  
Frontier Bank  
Member since June 2006

**Rhonda M. Pence** - Carpenter  
Belfor USA Group  
Member since July 2005

**Jin H. Rudolph** - CPA  
S.J. Gallina & Co., LLP  
Member since May 2005

**Victoria Simmons** - Cost Accountant  
Skanska USA Buildings  
Member since March 2005

**Sheri Lynn Stevens** - student  
KBA Construction Management

**Tammy Vibbert** - HR Director  
Lakeside Industries  
Member since November 2001

**Wendy Wilson** - Risk Management Spec.  
Lakeside Industries  
Member since May 2002

