



[www.nawicpugetsound.org](http://www.nawicpugetsound.org)



**Core Purpose: To Enhance the Success of Women in the Construction Industry**

**BELIEVE      PERSEVERE      DARE**

## President's Message

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I hope to see all of you on the Cruise on September 18.

This will be the last official message from me as your President. It's been a very good year although our advance planning has taken a back seat to the shotgun approach to management. The best way to avoid the shotgun approach is to have people on committees who know how to carry on when some key person gets tied up. This is always a good approach whether you are talking about company management or volunteer activities. We will keep working toward this goal. As a new member or a renewing member, you will be asked to select a committee or two with which you would

like to be involved. See the list elsewhere in this issue. Sometimes it may be long distance involvement for those who cannot physically be present.

We made a few policy changes this summer. We have not increased our local chapter dues for several years because we want to remain as affordable as possible to small business members and individuals who do not receive reimbursements. Regular meeting prices will be as follows: Member dinner \$25, Non-member dinner \$35, Student or Apprentice dinner \$10, and Non-Profit member dinner \$15. There may be special events or joint meetings where this will not apply. Some of the possible costs of

this policy will be covered through continuing solicitation of sponsorships, such as the VIP meeting in the Spring. Newsletter advertising for members will remain at \$50 and \$75 for both newsletter and website. For non-members the new cost will be \$75 for the newsletter and \$100 for both.

Lastly, we are preparing for a special event on Wednesday, November 15. We have a special guest speaker who will explain the "Alpha Male" thinking that conforms to so many of us. See the article in this issue. We are in the process of compiling a mailing list of construction folks to invite. Please be prepared to add to it.

*Judy Jewell*

### NAWIC Core Values

- *Believe* in ourselves
- *Persevere* with the strength of our convictions
- *Dare* to move into new horizons

## Advertisement Opportunity

We are offering to advertise your company in our monthly newsletter and our local website. All we need is a color copy of your advertisement, via US mail or e-mail in a GIF, JPG, or PDF format. We'll do the rest and will also send a copy of the newsletter to you monthly and/or link your website or advertisement onto our website. Please submit your advertisement by the 25th to be posted in the upcoming newsletter. See pricing options. If you have any questions or comments, please contact Lily Iftner at [lily@CSISeattle.net](mailto:lily@CSISeattle.net) or (206) 723-8400.

### MEMBER PRICING (Oct. '06 - Sep. '07)

✓ Newsletter	\$ 50.00
✓ Newsletter/Website	\$ 75.00
✓ Website	\$ 50.00

### NON-MEMBER PRICING (Oct. '06 - Sep. '07)

✓ Newsletter	\$ 75.00
✓ Newsletter/Website	\$100.00
✓ Website	\$ 75.00

## Ask Nicole



**Nicole Kampmann**

nicole.kampmann@macmillan.com

**This month a reader asks “what would it take to get into the construction industry, without becoming a tradesperson?”**

The construction industry is so broad, there’s probably a place for you doing what you are doing now. Management, Sales, HR, IT, Marketing, Accounting, Purchasing are all departments that are within large companies. Your current position can get your foot in the door, then, once at your new job, learn about the company and express your interest in learning new skills or transferring to another department.

But if you don’t think the industry offers a job similar to what you do now, or if you want to explore a new career path, you’ll have to do quite a bit more research. First decide where your interest lays and you’ll have an easier time assessing your skills and abilities to see where you fit in. The internet is a great resource, especially if you are just starting your search.

You may look for your future job by searching for a particular type of employer. Small or large companies, locally owned, national or worldwide, they’re all out there and they all need to find skilled workers. Consider:

- General Contractors
- Subcontractors
- Suppliers
- Commercial or Residential Work
- Public Works
- Consultants
- Facility Management
- Engineers/Civil or Structural
- Architects
- Landscaping

Do you have a new dream for your work life? If you can work part-time and go to school, or work full time and take night classes there are a multitude of courses offered.

For skills specifically tailored to the industry look at **Renton Technical College**, home of the Construction School of Excellence. ([www.rtc.edu/communityresources/CCE/](http://www.rtc.edu/communityresources/CCE/))

**The University of Washington** offers extension programs in Architecture & Design, Construction Management, Engineering and Real Estate. ([www.extension.washington.edu/ext/](http://www.extension.washington.edu/ext/))

Even community college classes in IT or Accounting can translate well into the construction industry.

**Mechanical Contractors of Western Washington (MCA)** offers a Project Management Training Certification Program and various other educational programs. ([www.mcawesternwa.org](http://www.mcawesternwa.org))

**Associated General Contractors (AGC)** is a group geared towards giving GC’s the tools they need to help their business grow. They offer many types of ongoing education and seminars. They have a great section about careers in construction on their website. ([www.agcwa.com](http://www.agcwa.com))

**Building Owners & Managers Association (BOMA)** will keep your resume on file for up to six months. Their website also has a few tips on focusing your resume. ([www.bomaseattle.org](http://www.bomaseattle.org))

**Associated Builders and Contractors (ABC)** offers an enormous amount of information on their Education & Training page. Walking through the “Try Tools” section you can get help determining your skill set and even check out annual incomes of a variety of jobs like an Architect or a Welder. ([www.abc.org](http://www.abc.org))

**National Association of Women in Construction (NAWIC)** can be a great resource for job seekers. ([www.nawic.org](http://www.nawic.org))

The Career Center page let’s you post a resume, view jobs and create a personnel job alert.

Our local chapter helps members, friends and acquaintances by sending out local current job opportunities via email. Our Chapter Occupational Research and Development Chair is also available to review re-



sumes and give advice. To find out more about the benefits of becoming a NAWIC member visit [www.nawicpugetsound.org](http://www.nawicpugetsound.org).

Don’t forget to network with people you already know! Attend a local chapter meeting and ask a lot of questions.



Do you have an interesting story you want to share with other women? Either an experience at work that was just weird or a wise solution that worked out for you? Let me know!

... Ask Nicole!

## Chapter Committees

### COMMITTEES CHAIRED BY BOARD OF DIRECTORS...

VICE PRESIDENT/PROGRAM CHAIR  
Kim Anderson/Teresa Johnson

Plans and schedules monthly meeting programs and tours, including securing industry speakers, dinner venues, and tour locations. The speakers and tours are chosen based on their ability to help keep our membership progressing within the construction industry. Committee helps coordinate food and beverages.

DIRECTOR 1/MEMBERSHIP CHAIR  
Judy Jewell

Focused on leading the member recruitment and retention efforts for our chapter by bringing awareness of the benefits NAWIC has to offer. The main goals are to increase and retain membership. Also, greet members at meetings.

DIRECTOR 2/FUNDRAISING CHAIR  
Nicole Kampmann

Raise money to fund chapter activities, including to secure meeting venues, aid marketing efforts, sponsor members to regional and national NAWIC events, provide scholarship funding to students, and much more.

DIRECTOR 3/SCHOLARSHIP CHAIR  
Lucy Bodilly

The Puget Sound Chapter offers two scholarships: (1) Computer Aided Drafting (CAD), a NAWIC Education Foundation Program that offers high school students a scholarship competition where they design a construction project using CAD, and (2) College/University Scholarship, a program which provides monetary assistance to stu-

dents already in a construction program. Responsibilities include advertising to local schools, selecting recipients, and following up with the reward checks.

DIRECTOR 4/  
MARKETING  
CHAIR - Lily Iftner

Provides chapter information, outreach to women in the industry, and educational opportunities, through press releases to the appropriate media contacts, trade show appearances, and other forms of marketing and/or public relations.

DIRECTOR 5/MENTORING CHAIR  
Darylene Dennon

Focused on providing members (mentee) a program to connect with another member (mentor) in order to enhance the success of women in the construction industry.

### OTHER COMMITTEES...

BLOCK KIDS COMMITTEE  
Kim Anderson

A NAWIC Education Foundation Program for elementary schools where LEGO-type blocks and other materials are used to build a construction project of their choosing. Responsibilities include soliciting for a local school, selecting industry judges, providing commemorative shirts and snacks for participants, and following up with reward.

AUDIT/Finance  
COMMITTEE-

Audits treasurer's books annually and assists Treasurer. Also collects money at meetings and takes attendance.

LIAISON  
COMMITTEE  
Karen Harmes



Explore different ways to reach out to the industry via NAWIC partnerships.

WASHINGTON WOMEN IN TRADES  
Nita Garrison

Act as NAWIC's liaison at the annual trades fair.

NOMINATION COMMITTEE  
To Be Determined

Evaluates membership for possible Board of Director nominations, and also performs necessary functions for election of upcoming officers in June.

### OTHER PROGRAMS...

WEB-MASTER  
To Be Determined

Maintains existing website ([www.nawicpugetsound.org](http://www.nawicpugetsound.org)), including continuously updating and downloading monthly events and announcements.

NEWSLETTER  
Lily Iftner

Edits and publishes monthly newsletter for member and industry distribution. Responsibilities include solicitation and/or creation of industry articles.

ANNUAL CHARITY –our focus this year will be on Mary Magdalene Homeless Center needs.



# Member Highlight

SABRINA CARLSON  
Inside Sales / Office Manager  
Stoneway Concrete

Ms. Carlson has worked in the construction industry for 18 years. Stoneway Concrete (Stoneway), an affiliate to Gary Merlino Construction, has been her employer since January 1997. Prior to that, she was employed by Granite Rock Company (Granite) located in Watsonville, California.

At Granite, she worked in Concrete Dispatch for 2-1/2 years which enabled her to learn their customer base, products and services, and the company personnel. In 1991, She was appointed to help reorganize the Billing Department for concrete and

aggregates from six different locations, and later included overseeing office administration. In 2003, she was welcomed into Concrete Sales as an Inside Sales Person at Stoneway.

Ms. Carlson was formerly a member of NAWIC in 1989, when employed by Granite. Even though there are several industry associations, she hopes that being a part of the NAWIC family will give her the opportunity to network with women in construction.



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She loves spending time with her family, which includes sports and the outdoors, and traveling to warm places. She really enjoys cooking and entertaining.

# What Men Don't Tell Women About Business

On November 15th, we will kick off our new season with an entertaining and informative speaker, Mr. Chris Flett a.k.a. "The Alpha Male". Mr. Flett is preparing to open a media office in Seattle so he selected five groups that he felt would benefit from his knowledge and experience in the work place. Our Puget Sound NAWIC Chapter was lucky to be one of those five.

In his hour long presentation he will touch on such mysteries as: why titles are important to men, how men develop partnerships, the difference between Alpha and Beta males, and the role of the male 'ego' in the decision making process.

Furthermore, he promises to give us clues as to how women undermine themselves by touching on subjects such as: taking things too personally, assumptions that everyone plays fair, how to phrase ideas, concise de-

velopment of points, and other topics that create limitations for women working in a male dominated business.

Mr. Flett presents this with humor and a genuine enjoyment of sharing his observations and knowledge to create an enhanced workplace. He says "It is an honest and long overdue conversation between the sexes that shares insider information imperative to understanding the male/female relationship in business."

For this special event we will not hold our normal dinner meeting, but instead plan on using this opportunity to invite friends, family, and co-workers to join us. This will be a good chance for NAWIC to showcase itself to the construction community. To do this, each member will be given ten tickets to *sell*, with the proceeds going to our scholarship



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fund. We do not anticipate the price to be as high as our normal meeting, so reach out to your suppliers, support companies and the women you think will enjoy this subject. This will be a great chance to network with your own guests and others.

We are in the process of finding a location, which will in turn help us determine the price of the tickets. Be sure to save this date and start telling people that you think will enjoy the evening so they can get it on their calendars. This is an event not to be missed. We promise to keep you posted with the details. Please e-mail comments and suggestions to [jan.lawrence@skanskausa.com](mailto:jan.lawrence@skanskausa.com).



Puget Sound  
ELECTRICAL APPRENTICESHIP  
and TRAINING TRUST

**MICHIKO STARKS**  
ASSISTANT TRAINING DIRECTOR

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[www.psejatc.org](http://www.psejatc.org)

Cell: 206-255-1423  
Phone: 425-228-1777  
Fax: 425-228-1778

**Schedule of Events**

- Sep. 6th - 9th: NAWIC National Convention in Kansas City, MO. Go to [www.nawicconvention.org](http://www.nawicconvention.org)
- Sep. 9th: Washington Small Business Fair/BIZ Fair at Renton Technical College. Go to [www.bizfair.org](http://www.bizfair.org)
- Sep. 12th: Sound Transit & Multi-Trade Event, 5:30-7pm. Contact Carol at [carol@ualocal699.org](mailto:carol@ualocal699.org).
- Sep. 18th: Puget Sound chapter's Annual Cruise on Frank Young, Jr's Companionship. Open to members only. RSVP to Ellyn Kiner at [Ellyn@gly.com](mailto:Ellyn@gly.com) or Judy Jewell at [JudyJ@olymprecast.com](mailto:JudyJ@olymprecast.com).


# September 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 <small>BIZ Fair 8am</small>
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

*NAWIC Convention*

*Multi-Trade Event 5:30pm*

*Annual Cruise 6:00pm*



# October 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	<i>SAVE \$25 on Membership Renewals if paid by 10/31/06</i>			

*Membership Mtg 6:00pm*

*Building the World's Best Workforce 2006 Fall Conference*

*Salem - APC*




**Schedule of Events**

- Oct. 9th: Puget Sound chapter's regular membership meeting. Open to guests. Go to [www.nawicpugetsound.org](http://www.nawicpugetsound.org) for RSVP and information.
- Oct. 18th - 19th: Building the World's Best Workforce Fall Conference at SeaTac DoubleTree Hotel. Go to [www.washingtonworkforce.org/conference/index.php](http://www.washingtonworkforce.org/conference/index.php)
- Oct. 20th - 21st: Regional 9 Annual Planning Conference in Salem, Oregon.
- Oct. 29th: Daylight Savings, Fall Back

## The Women of NAWIC

These are the current members of NAWIC Puget Sound Chapter. They are a diverse group of professionals within the construction industry.

**Kim Anderson** - Owner  
AAR Testing Laboratory Inc.  
Member since October 1990

**Sharon Andreason** - CPA  
McDevitt & Andreason  
Member since April 1992

**Peigi Barkley** - CM Assistant  
Harris & Associates  
Member since October 2004

**Jessica Bell** - Project Manager  
Wilder Construction Company  
Member since June 2006

**Kelly G. Blazy** - Attorney  
Preston, Gates & Ellis  
Member since January 2005

**Lucy Bodilly** - Editor  
Northwest Construction Magazine  
Member since February 2006

**Lynn C. Bruner** - Project Manager  
Bennett Homes  
Member since October 2005

**Maureen J. Byrnes** - Field Coordinator  
KBA Construction Management  
Member since August 2004

**Sabrina Carlson** - Inside Sales/Office Mgr  
Stoneway Concrete  
Member since August 2006

**Vanessa Carmen** - student  
Cardinal Heating & AC  
Member since October 2005

**Virginia A. Carey** - Office Mgr/Co-owner  
Carey's Rokeries & Grading LLC  
Member since May 1980

**Erin G. Chamberlain** - Design & Permitting Manager  
Port Blakely Communities  
Member since October 2003

**Julia Cordero** - student/Habitat for Humanity volunteer  
Member since August 2005

**Heather Crockford** - Project Manager  
Wilder Construction Company  
Member since June 2006

**Darylene J. Dennon** - CEO/Owner  
Solid Energy, Inc.  
Member since October 2002

**Carrie S. Dossick** - CM Assist. Professor  
University of Washington  
Member since October 2005

**Lydia A. Eckman** - Project Engineer  
Lease Crutcher Lewis  
Member since June 2005

**Juanita "Nita" Garrison** - Tradeswoman  
Ms. Jack Of All Trades, LLC  
Member since April 2005

**Kristi G. Gillihan** - Human Resources  
Wilder Construction Company  
Member since May 2006

**Janith J. Gould** - retired  
Past National NAWIC President  
Member since January 1962

**Colette Guckian-Brady** - CPA/Partner  
Tueffers, Guckian & Gamon, PLLC  
Member since January 2002

**Karen Harnes** - Principal/CPA  
Bace Company  
Member since October 2003

**Gwyn Hart** - HR Supervisor  
Cadman Inc.  
Member since April 1995

**Lily K. Iftner** - Forensic Engineer/Owner  
Construction & Structural Investigation  
Member since March 1999

**Ann Jarvis** - VP of Safety & Education  
Associated Builders & Contractors  
Member since February 1973

**Judy Jewell** - President  
Olympian Precast Inc.

Member since January 1988

**Teresa M.R. Johnson** - Project Engineer  
Lydig Construction, Inc.  
Member since October 2005

**Nicole D. Kampmann** - Proposal Assist.  
MacDonald-Miller Facility Solutions  
Member since February 2006

**Ellyn Kiner** - Project Administrator  
GLY Construction, Inc.  
Member since September 1977

**Jan G. Lawrence** - Cost Accountant  
Skanska USA Building, Inc.  
Member since July 2005

**Sue Maddox** - Contracts Administrator  
Jackson Dean Construction, Inc.  
Member since January 1988

**Marilynn A. Moch** - Owner  
Blue Sky Steel Solutions, LLC  
Member since July 2003

**Brenda S. Molner** - Attorney/Engineer  
Ater Wynne LLP  
Member since March 1999

**Judith Peace** - Commercial Banker, VP  
Frontier Bank  
Member since June 2006

**Rhonda M. Pence** - Carpenter  
Student  
Member since July 2005

**Sabrina Roberts** - Project Manager  
PSF Mechanical  
Member since August 2006

**Jin H. Rudolph** - CPA  
S.J. Gallina & Co., LLP  
Member since May 2005

**Victoria Simmons** - Cost Accountant  
Skanska USA Buildings  
Member since March 2005

**Sheri Lynn Stevens** - Bldr Liaison Assist  
KBA Construction Management

**Tammy Vibbert** - HR Director  
Lakeside Industries  
Member since November 2001

**Wendy Wilson** - Risk Management Spec.  
Lakeside Industries  
Member since May 2002

**Heather Winfrey** - Director Construction  
Center of Excellence  
Renton Technical College  
Member since May 2006

