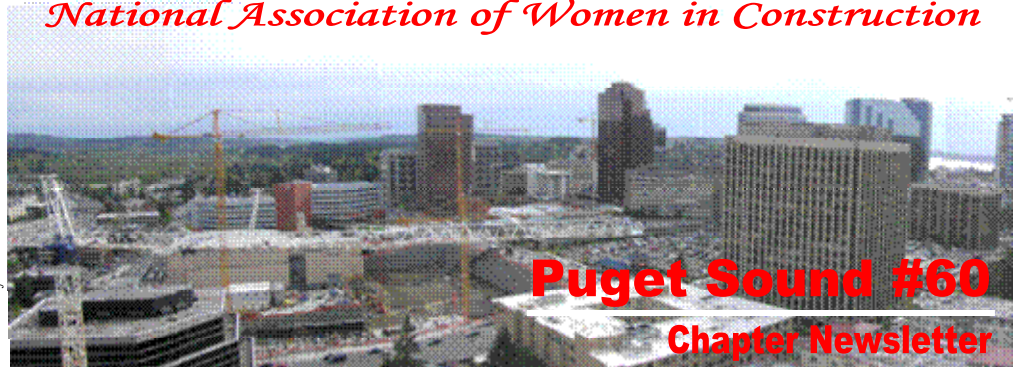




Bellevue Skyline



**Puget Sound #60
Chapter Newsletter**

Core Purpose: To Enhance the Success of Women in the Construction Industry

BELIEVE PERSEVERE DARE

NAWIC Puget Sound's New Mascot

www.nawicpugetsound.org

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On April 14, 2007, Rosie The Bear was created for the sole purpose of enticing other NAWIC members to check out Seattle, Washington. In particular, checking out Seattle during the Puget Sound's hosting of the Regional Forum in 2009.

Similar to the Gnome who travels the world, leaving photographic evidence of his presence, Rosie has been traveling Puget Sound with various NAWIC members...also leaving photographic evidence of her presence. Fortunately, unlike the Gnome, Rosie has brought about greater understanding of the construction industry to her unknowing audience.

Although a newborn, Rosie is struggling to define her purpose in the construction industry. What started out as a marketing gimmick has turned into something more spectacular.

Rosie has discovered that wherever she goes, people see her in her construction garb and automatically start asking for her purpose. You would think that the construction tools and outfit would give her away but her audience is asking for a more meaningful explanation.

With all of Rosie's public attention, she has come to realize that she is a momentous part of NAWIC Puget Sound, a.k.a. NAWIC's mascot. According to Merriam-Webster dictionary, a mascot is 'a person, animal, or object adopted by a group as a symbolic figure'.

Rosie, like the women of NAWIC, symbolizes professional women in the construction industry. Rosie reminds her audience that women are indeed a viable workforce within the construction industry. But unfortunately, that

workforce has barely been scratched. Remember, women make up more than half of the population, and only an unflattering percentage are employed in the construction industry.

Rosie will still set out to market Seattle to the NAWIC members nationally, but inevitably, she will spread the news about women in construction. Her cuteness will attract young boys and girls for a brief story telling session. Her sincerity and construction outfit will attract curious men and women in more serious discussions of professional possibilities.

Rosie's ultimate fate will likely be decided upon in mid 2009; whether to keep her as a mascot or raffle her off for higher monetary rewards. Until then, Rosie will market NAWIC Puget Sound and be our ambassador to local professionals and children.

NAWIC Core Values

- *Believe in ourselves*
- *Persevere with the strength of our convictions*
- *Dare to move into new horizons*

Upcoming Membership Meeting

This month's meeting will be held at MacDonald-Miller Facility Solutions in South Seattle on Monday, May 14th. This will be a two-part meeting about the *Secrets of My Success*, consisting of a Roundtable format and a creative, hands-on Vision Board construction.

This meeting is about the members; particularly as we encourage you to create your own stories of success on display boards and participate in roundtable discussions with local business owners.

So, come join us for an evening

of creativity and professional motivation. As always, guests and colleagues are welcome; R S V P at www.nawicpugetsound.org or contact Nicole at nicole.kampmann@macmiller.com

Ask Nicole



Nicole Kampmann

nicole.kampmann@macmiller.com

IT'S STILL GOOD TO BE GREEN

Living in the Northwest, it's really no surprise when we hear about the next green building project. However, other cities, like Cincinnati, have no green buildings in their area. New York has several high-rise office buildings either just opened or under construction.

For new buildings, tenant/landlord cooperation seems to be the trend, as the market is very tenant driven right now. Good lighting and indoor air quality rate very high when considering tenant improvements. Similar to building green homes, low VOC (volatile organic compounds) paints, carpets, sealants and full spectrum lighting are often considered high priorities.

Schools and hospitals are now realizing the benefits for themselves as building owners, for their students and patients, and to the environment. In a recent survey, green schools used 33 percent less energy than conventional schools and 32 percent less water. There is also the hope that building green schools will attract and retain teachers. The Providence Newberg Medical Center in Oregon is the first LEED (Leadership in Energy and Environmental Design) Gold certified hospital in the country. One way they could make a better healing environment for their patients was to install a ventilation system that circulates 100 percent outside air to decrease the risk of infection from airborne contaminants that may be present in re-circulated air.

Working for a design-build mechanical contractor, LEED issues come up more and more. The LEED green building rating system is a point based rating system developed by the U.S. Green Building Council to provide a standard for the construction industry to assess the environmental sustainability of building designs. The trick is usually finding a balance between upfront costs, figuring out what LEED points are attainable for the project, and making sure those are aligned with what the building's functions will be.



Tumwater Office Building was named Contracting Business' Design/Build Award winner for 2005.

Statistics for the Tumwater Office Building pictured above:

- Energy savings for the building is over 37% per year.
- Water consumption is reduced by over 44%.
- Waste water is reduced by over 50%.

LEED projects in progress at MacDonald-Miller Facility Solutions include City Center Plaza, King County Office Building and West 8th Office Building. Because the mechanical system directly affects over 60 percent of the available strategies for LEED certifications, we are often involved in an intensive pre-construction process to fully coordinate with the design team.

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Do you have an interesting story you want to share with other women? Either an experience at work, something you learned, or a unique solution that worked out for you? Let me know!

... Ask Nicole!

Construction & Structural Investigation LLC

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OPEN Nominations for Board of Directors

Your NAWIC Puget Sound Chapter Nomination Committee is looking for member candidates to be a bigger voice in our construction industry. We are soliciting member candidates for various chapter Board of Directors position for the 2007/2008 term, beginning October 1st. A sample of responsibilities for each of the position is as follows:

1. **President:** Presides at all meetings and sets agendas; serving as Chairman of the Board of Directors. Sets the chapter's vision and establishes what we stand for. Liaison with regional and national chapters.
2. **Vice President:** Performs duties of president, when absent. Sets up monthly meetings and programs, including procuring speakers, meeting locations, meals, etc.
3. **Past President:** Serves as tribal elder

The main goals are to increase and retain membership.

7. **Director#2:** Fundraising Committee Chair. Raise money to fund chapter activities, including sponsoring members to regional and national NAWIC events and secure scholarship funding for students.
8. **Director#3:** Scholarship Committee Chair. The Puget Sound chapter offers at least two regular scholarships: (1) Computer Aided Drafting (CAD), a NAWIC Education Foundation Program that offers high school students a scholarship competition where they design a construction project using CAD, and (2) College/University Scholarship, a program which provides monetary assistance to students already in a construction program. Responsibilities include advertising to local schools, selecting recipients, and following up with the reward checks.
9. **Director#4:** Marketing Committee Chair. Provides chapter information, outreach to women in the industry, and educational

(mentor) in order to enhance the success of women in the construction industry.

If you or anyone you know possess any of the skills described above, we encourage you to submit nominations for the upcoming Board of Directors term. Your nomination committee members are Darylene Dennon (425-485-8210), Judy Jewell (JudyJ@olymprecast.com), and Teresa Johnson (tjohnson@lydig.com).

Being on the Board of Directors is not only about volunteering your time, but building on your leadership skills, sharpening your problem solving skills, and overall fine-tuning of all your cognitive skills. Oh, but best of all, it strengthens/builds your reputation in the construction industry. "This person has a proven track record for setting goals and successfully following through with them". Also, don't be surprised if you or others discover that your name is more easily found during a Google search. For most professions in the construction industry, name recognition and published accomplishments are a positive thing.

4. **Treasurer:** Custodian of all chapter funds, including paying bills authorized by Board of Directors, keeping itemized account of receipts & disbursements, and presents written report at regular meetings of the chapter and Board of Directors.
5. **Secretary:** Keeps minutes of all regular and special meetings of the chapter and Board of Directors, including keeping permanent records.
6. **Director#1:** Membership Committee Chair; responsible for recruiting new members, provide current membership count, and follow up with new guests.

opportunities, through press releases to the appropriate media contacts, trade show appearances, and other forms of marketing and/or public relations.

10. **Director#5:** Mentoring Committee Chair. Focused on providing members (mentee) a program to connect with another member

Renton Technical College is the state-designated **Construction Center of Excellence**.
 This honor is due in part to our strong industry connections and educational leadership.

Check our website, www.RTC.edu/CommunityResources/CCE, for:

- Links to quality construction training programs at RTC and other colleges, apprenticeship programs, and industry-based training providers;
- FREE construction workforce products, including our speakers' bureau, construction math book and lesson plans, bi-monthly newsletter, and a clearinghouse of industry trends and resources; and
- Information on CCE events, including our annual conference, as well as other events, seminars or workshops happening across Washington.

Contact us by calling (425) 235-2352, ext. 2217

www.RTC.edu

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People to People Ambassador Program

On November 5th, 2007 a select group of NAWIC members will be taking part in an international delegation of the People to People Ambassador Program. This group is going to South Africa for a “Women in Construction” forum with our NAWIC National President Christine Wigginton, who will be leading the team. Our very own Puget Sound member, Nicole Kampmann will be joining this pre-select team.

Topics of discussion will include design and building techniques, infrastructure expansion, commercial development, workforce

issues and educational programs. While there, Nicole will be representing her construction profession and promoting international understanding. According Ms. Wigginton, “the goal of this delegation is to gain a better understanding of the impact of women working in non-traditional roles in the construction industry and the universal similarities of issues they face.”

With the looming problem of an industry workforce shortage globally, NAWIC can be a passage for women entering the industry. We need to be as active as we can and always ready to strive for the betterment of women in the industry.

In order for Nicole to prepare for her journey,

she is looking for articles or statistics on the above described topics, or simply to hear your story. Please send any suggested reading, articles, or comments her way at nicole.kampmann@macmiller.com.

For more information about this People to People Ambassador Program, go to

<http://www.ambassadorprograms.org/>

Thanks,

Nicole Kampmann



Nontraditional Employment for Women

Lake Washington Technical College (LWTC) is hosting: ‘NEW - Nontraditional Employment for Women’; a career event for women on Wednesday, May 23rd from 6pm to 9pm in the East Building Mall area.

The evening offers a unique venue for women to explore non-traditional career opportunities in high-wage, high-skill jobs

in fields where women have often feared to tread.

- Hear from women who are successfully working in non-traditional employment
- Explore lucrative career opportunities in industry
- Learn about Trade Apprenticeship opportunities

- Talk with other women who are looking for something more

- Meet with agencies that can provide you support

- Meet employers who may be looking for you

- Learn about college options that may be your key to a new career

Presentations will feature successful women working in the fields of manufacturing, transportation, engineering, business, utilities, the trades, high tech, and software. Information and resources will be available from companies and organizations that are eager to recruit women with the right qualifications and the moxie to wade into traditional male occupations.

This event is free and open to the public and is made possible by a grant through the Carl D. Perkins Vocational and Applied Technology Education Act and generous community sponsorship by local companies and organizations.

Register online at <http://lwthost.ctc.edu/dept/new/downloads/eventRegistration.htm> or call (425) 739-8193.



Schedule of Events

- *May 14th: Puget Sound chapter's regular membership meeting. Open to guests. Go to www.nawicpugetsound.org for RSVP and information.*
- *May 22nd: Puget Sound chapter's Board of Directors' meeting. Open to members. Contact Lily for RSVP and information at lily@csiseattle.net.*
- *May 18th - 19th: Region 9 Spring Forum in Boise, Idaho. For more information go to www.nawicboise.org*
- *May 28th: VIP Planning Meeting. Contact Jan Lawrence for RSVP and information at jan.lawrence@skanskausa.com*

May 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 <small>Membership Mtg 5:30pm</small>	15	16	17	18 NAWIC Forum	19
20	21	22 <small>Board Mtg 11:30am - 1pm</small>	23	24	25	26
27	28 <small>VIP Planning Mtg 6:00pm</small>	29	30	31		

June 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 <small>Power Makeover 8am</small>	8	9
10	11 <small>VIP Planning Mtg 6:00pm</small>	12	13	14	15	16
17	18 <small>VIP Dinner/Meeting 5:30pm</small>	19	20	21	22	23
24	25	26	27	28		

Schedule of Events

- *June 7th: One-Day Power Makeover at the Bellevue Harbor Club from 8am - 4pm. Go to www.powermakeover.com*
- *June 11th: VIP Planning Meeting. Contact Jan Lawrence for RSVP and information at jan.lawrence@skanskausa.com*
- *June 18th: Puget Sound chapter's Annual VIP Dinner meeting. Open to guests. Go to www.nawicpugetsound.org for RSVP and information.*

The Women of NAWIC

These are the current members of NAWIC Puget Sound Chapter. They are a diverse group of professionals within the construction industry.

Kim Anderson - Owner
AAR Testing Laboratory Inc.
Member since October 1990

Sharon Andreason - CPA
McDevitt & Andreason
Member since April 1992

Joyce Apple
MacDonald-Miller Facility Solutions
Member since October 2006

Peigi Barkley - CM Assistant
Harris & Associates
Member since October 2004

Jessica Bell - Project Manager
Wilder Construction Company
Member since December 2006

Lucy Bodilly - Editor
Northwest Construction Magazine
Member since February 2006

Maureen J. Byrnes - Field Coordinator
KBA Construction Management
Member since August 2004

Virginia A. Carey - Office Mgr/Co-owner
Carey's Rockeries & Grading LLC
Member since May 1980

Sabrina Carlson - Inside Sales/Office Mgr
Stoneway Concrete
Member since August 2006

Vanessa Carmen - student
Cardinal Heating & AC
Member since October 2005

Robin E. Conner - Customer Svc/Mktg
Dexter & Chaney
Member since October 2006

Julia Cordero - student
Habitat for Humanity volunteer
Member since August 2005

Heather Crockford - Project Manager
Wilder Construction Company
Member since June 2006

Darylene J. Dennon - CEO/Owner
Solid Energy, Inc.
Member since October 2002

Carrie S. Dossick - CM Assist. Professor
University of Washington
Member since October 2005

Kristi G. Gillihan - Human Resources
Wilder Construction Company
Member since May 2006

Janith J. Gould - retired
Past National NAWIC President
Member since January 1962

Colette Guckian-Brady - CPA/Partner
Tueffers, Guckian & Gamon, PLLC
Member since January 2002

Karen Harnes - Principal/CPA
Bace Company
Member since October 2003

Gwyn Hart - HR Supervisor
Cadman Inc.
Member since April 1995

Lily K. Iftner - Forensic Engineer/Owner
Construction & Structural Investigation
Member since March 1999

Ann Jarvis - VP of Safety & Education
Associated Builders & Contractors
Member since February 1973

Judy Jewell - President
Olympian Precast Inc.
Member since January 1988

Teresa M.R. Johnson - Project Engineer
Lydig Construction, Inc.
Member since October 2005

Nicole D. Kampmann - Proposal Assist.
MacDonald-Miller Facility Solutions
Member since February 2006

Ellyn Kiner - Project Administrator
GLY Construction, Inc.
Member since September 1977

Jan G. Lawrence - Cost Accountant
Skanska USA Building, Inc.
Member since July 2005

Sue Maddox - Contracts Administrator
Jackson Dean Construction, Inc.
Member since January 1988

Yvonne Missler
MacDonald-Miller
Facility Solutions
Member since April 2007

Marilynn A. Moch - Owner
Phoenix Builders LLC
Member since July 2003

Brenda S. Molner - Attorney/Engineer
Ater Wynne LLP
Member since March 1999

Kathleen G. Norton - Human Resources
Trane/American Standard
Member since December 2006

Judith Peace - Commercial Banker, VP
Frontier Bank
Member since June 2006

Sabrina Roberts - Project Manager
PSF Mechanical
Member since August 2006

Jin H. Rudolph - CPA
Gallina & Co., LLP
Member since May 2005

Victoria Simmons - Cost Accountant
Skanska USA Buildings
Member since March 2005

Lisa Telford
ANEW
Member since October 2006

Tammy Vibbert - HR Director
Lakeside Industries
Member since November 2001

Heather Washington - Marketing
Lindal Cedar Homes
Member since December 2006

Stephany B. West
MacDonald-Miller Facility Solutions
Member since October 2006

Heather Winfrey - Director Construction
Center of Excellence
Renton Technical College
Member since May 2006



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