



NAWIC

Puget Sound - Chapter #60
Established ~ 1962

VOLUME 6 ISSUE 3

DECEMBER 2010

President's Message By Sue Z. Hart, Building Beyond the Walls

Mark Your Calendar

December 13th - Holiday Potluck, UW Constr Mgmt Bldg

January 10th - WSDOT Viaduct Tunnel, MBA

February 7th - Online Marketing, MBA*

March 14th - Insulated Concrete Forms, MBA

April 11th - Jobsite Tour, TBD

May 9th - VIP Night, MBA

June 13th - Jobsite Tour, TBD

July 11th - Strategic Planning, TBD

*August 14th**

September 12th

*NAWIC Puget Sound meets the 2nd Monday of each month, 12 months a year. *NOTE: Exceptions.*

I had the great honor this month to attend the Washington Women in the Trades Awards Banquet to accept the Best Advocate Award for Judy Jewell, our NAWIC Treasurer and President of Olympian Pre-cast. Judy was unable to attend the event as she was receiving another award in Portland. I feel so privileged to work with so many amazing NAWIC women, both locally and nationally.

The Awards Banquet was a very moving event. There were over a dozen "Rosies" in attendance (i.e. women who during World War II stepped up and worked in factories while the men went to the battlefield). Our country was at war and women did what needed to be done to support our nation.

Francine Moccio, author of 'Live Wire' was our guest speaker. She spoke of her life growing up in a family of Electricians and how the Unions opened their doors to male minorities in the 60s and continues to grow and stay strong through today. She stated that when women entered the workforce in the 70s, women represented 2% of the

workforce and remains the same today. Francine said there are several factors that play into this: the image of the industry is not portrayed very well, school counselors and 'uneducated' parents think the industry is a fall back occupation and more.

The evening brought back memories of my time in the machinist union from 1978 to 1980. Having grown up with brothers, I felt at home working with a group of men, but there were a lot of men I worked with who did not think I should be there. I made good money, had great benefits and they felt I was taking a job away from a man who needed to support his family, even though I was also supporting mine.

I am a strong advocate for equal rights. I do not care about your race, gender or disability; if you are doing the same job you should get the same pay. Society has come a long way in embracing differences and creating a fairer work environment. I believe we need to continue to find ways to embrace each other's strengths and work together; each of us doing our part to make America

strong and united. United we stand, divided we fall. We need to remember that what we do to each other, we do to ourselves. All the truly great leaders of our time teach us we are never as tall as when we kneel to help others. Take every opportunity to mentor those around you.

In this holiday season, filled with good will towards men (that includes women), I want to thank all the men and women who have felt secure enough in themselves to allow change, change that gives everyone the opportunity to make a living wage, to follow their dreams, and to live a full life.

Wishing you a holiday season filled with love, laughter and joy in abundance!



*To enhance the personal & professional success of women in the construction industry by
Believing in ourselves * Persevering with the strength of our convictions *
Daring to move into new horizons * Caring for each other & our community*

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suezhart@juno.com

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**** Article submission
deadline is the 25th,
monthly ****

New Member Highlight

Amanda Ring
Field Engineer
Granite Construction Co.

Ms. Ring has been in the construction industry for 4 1/2 years, with 2 1/2 of those years with Granite Construction Company.

Granite was incorporated in 1922 and builds roads, tunnels, bridges, airports and other infrastructures. Additionally, Granite produces sand, gravel, ready-mix concrete and other raw construction materials. Although not typical, Granite handles both large and small projects through its regional offices nationwide.

Ms. Ring's main responsibilities with Granite are project scheduling, coordinating construction activities, estimating, tracking time and material, billing, job costing, procuring materials, and managing subcontractors and payment.

Ms. Ring heard about NAWIC while in college seeking scholarship possibilities. Shortly after graduation, she joined the Portland Chapter. Since inception in 2007, Ms. Ring tries to be actively involved with NAWIC: she's served twice as Regional Chair, been on the board of directors, is a former Vice

President for the Eugene Chapter, and has volunteered for different committee chairs and co-chairs.

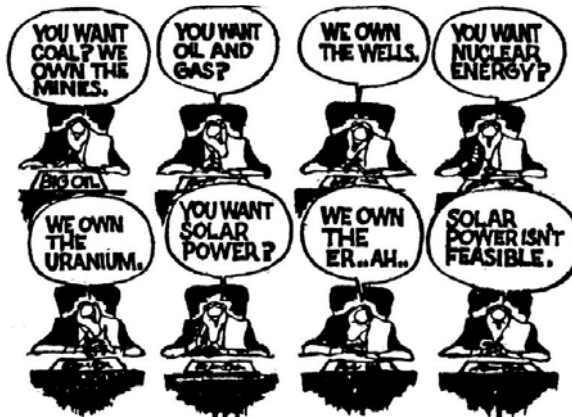
Outside of work, Ms. Ring loves to ride her horse, hunt, fish, snowboard, play with her puppy, and hang out with friends. She was born and raised in Coos Bay, Oregon where her parents and brother still live. She graduated from Oregon State University in 2007 in Construction Engineering Management.

Please welcome Amanda Ring to our Puget Sound Chapter!

November Meeting Recap By Sue Z. Hart

Our speaker for the November meeting was Michiel Zuidweg, a Project Manager for Puget Sound Solar. Michiel gave a very insightful presentation on the benefits of solar power and how doable and practical it is for Western Washington. As a bonus to the presenta-

tion, he gave us a breakdown of which companies were giving incentives and how to maximize the government incentives on the state and federal levels.



www.PugetSoundSolar.com

Chapter #60: www.NawicPugetSound.org

NEF: www.NawicEducation.org

National: www.Nawic.org

ABC: www.ABCWestWA.org

Ladies: www.PearlofWisdom.us

ASPE: www.ASPEPugetSound.org

AGC: www.ConstructionFoundation.org

Trades: www.SistersintheBuildingTrades.org

MBA Career: www.constructionmatch.org

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Winter Storm Checklist

Excerpt by American Red Cross

On November 22nd, the Puget Sound region was hit with a sudden and severe winter snow storm. Although we are surrounded by mountain ranges extending from the north to the south boundaries of our state, the lowlands where the vast majority of our population is concentrated was not accustomed to or prepared for such an event.

The following is an excerpt from the American Red Cross' Winter Storm Safety Checklist (go to RedCross.org for the complete publication):

What should I do?

- Dress in several layers of lightweight clothing, wear mittens and a hat
- Minimize travel. If travel is necessary, keep a disaster supplies kit in your vehicle.
- Winterize your vehicle and keep the gas tank full. A full tank will keep the fuel line from freezing.
- Maintain heating equipment and chimneys by having them cleaned and inspected every year.
- Running water, even at a trickle, helps prevent pipes from freezing.
- All fuel-burning equipment should be vented to the outside and kept clear.

What supplies do I need?

- Water - at least a 3-day supply; one gallon per person per day
 - Food - at least a 3-day supply of non-perishable, easy-to-prepare food
 - Flashlight
 - Battery-powered or hand-crank radio
 - First aid kit
 - Medications (7-day supply) and medical items (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
 - Cell phone with chargers
 - Extra cash
 - Ample alternate heating methods such as fireplaces or wood- or coal-burning stoves
- people living alone, people with disabilities and children.
- Check on your animals and make sure that their access to food and water is not blocked by snow drifts, ice or other obstacles. If possible, bring them indoors.

Caution: Carbon Monoxide Kills

During the 2006 Seattle storm, four members of a family died from carbon monoxide when a generator was brought into the home: http://www.seattlepi.com/local/296438_power19.html

- Never use a generator, grill, camp stove or other gasoline, propane, natural gas or charcoal-burning devices inside a home, garage, basement, crawlspace or any partially enclosed area. Locate unit away from doors, windows and vents that could allow carbon monoxide to come indoors.
 - Install carbon monoxide alarms in central locations on every level of your home and outside sleeping areas to provide early warning of accumulating carbon monoxide.
 - If the carbon monoxide alarm sounds, move quickly to a fresh air location outdoors or by an open window or door.
- What do I do after a storm?**
- Go to a designated public shelter if your home loses power or heat during periods of extreme cold.
 - Avoid driving when conditions include sleet, freezing rain or drizzle, snow or dense fog.
 - Protect yourself from frostbite and hypothermia by wearing warm, loose-fitting, lightweight clothing in several layers. Stay indoors, if possible.
 - Help people who require special assistance such as elderly