



NAWIC

Puget Sound - Chapter #60
Established ~ 1962

VOLUME 5 ISSUE 6

MARCH 2010

Mark Your Calendar

March 8th
Membership Mtg
(Relieve Stress and Be Productive in a New Economy) - Aljoia

April 12th
VIP Night
(Managing in the New Economy) - Aljoia

May 10th
Membership Mtg
(Sometimes the World Looks Better Upside Down) - Aljoia

June 14th
Membership Mtg
(Interactive Group Exercise/Self-Defense) - Aljoia

President's Message By Julie Stalzer, Stalzer Consulting

The Winter Olympics are over until 2014. Did you get the opportunity to watch any of the events? Did you have any favorite athletes or teams? The athletes' commitment and dedication is truly remarkable. It is mind boggling to me the sacrifices they make to train. They spend years and maybe lifetimes to prepare. These athletes give tremendous amount of their time and energy. They put their heart, mind, and soul into it. Though many of these athletes compete on an individual basis, they are part of a larger team. These athletes do not do all of the work by themselves. They have coaches and supporters to guide, help and encourage them as they strive to reach their goals.

The same is true of all of us. We study and train for years to be the best we can be in our career field. We have our families, instructors, bosses and mentors to help us along the way. We are taught the basic funda-

mentals by our instructors and families. As we work in the field, we continue to develop our skills through the tasks we perform. Many of us are fortunate to have mentors who have come alongside us to share their successful experiences, as well as bumps they have run into, in an effort to aid us into the advancement of our careers.

After months of hard work and planning, our chapter's mentorship program is coming to fruition. If you have attended the past couple of meetings, you should have received a participation form. This form will be used to assign mentors with mentorees. If you would like to participate and have not yet expressed your interest in participating, please contact Jenni Wakida or Judy Jewell.

We are seeking members to join the Magic Camp planning team to make this event a reality. Magic Camp is scheduled for June.

Magic (Mentor A Girl In Construction) Camp is a week long day event for young girls, where they will be introduced to various aspects of the construction industry. The girls will receive hands-on training from professional women in various construction fields. If you have not had an occasion to help put an event together, now is your chance. This is a great way to network and get to know our NAWIC members. If you are interested in joining the team, please contact Nicole Martin.

In honor of WIC (Women in Construction) week we are cutting the cost of our monthly meeting in half for all attendees. This would be a great time to bring a friend, someone who would benefit from all NAWIC has to offer. Please be sure to RSVP by noon on Thursday, March 4th. I look forward to seeing you all at our meeting on the 8th at Aljoia.

“Cheerfulness, it would appear, is a matter which depends fully as much on the state of things within, as on the state of things without and around us.” Charlotte Bronte

CONTACT YOUR BOARD OF DIRECTORS

President
Julie Stalzer
julie.stalzer@gmail.com

Vice President
Janifer Hays
Janifer.hays@mowatco.com

Treasurer
SEEKING VOLUNTEER
Please contact Julie Stalzer

Secretary
Gwyn Hart
ghart@cadman.com

Ways & Means
Hillary Madsen
madsen@oles.com

NEF
Maureen Byrnes
mjbyrnes21@comcast.net

Marketing/PR
Sue Z. Hart
suezhart@juno.com

Membership
Linda Huber
lindahuber76@msn.com

Mentorship
Jenni Wakida
Jenni.wakida@mossadams.com

Past President
Nicole Martin
Nicole.martin@macmillan.com

OTHER CONTACT

Newsletter Editor/Publisher
Lily Iftner
liftner@csiseattle.net

**** Article submission deadline is the 25th, monthly ****

National Building Competition

Working off the Waste with Energy Star

EPA is hosting a national competition among commercial buildings to save energy and fight global warming. Contest participants will “work off the waste” through improvements in energy efficiency. The building that reduces its energy use the most on a percentage basis – based on 24 months of energy use data (September 1, 2008 – August 31, 2010) in EPA’s Portfolio Manager

– will be recognized as the winner.

Encourage your customers to apply! SPPs can play an integral role in “training” buildings to shed their energy waste through a strategic approach to energy management. Further, SPPs provide expert guidance in using ENERGY STAR tools and resources – including Portfolio Manager – to track performance and facilitate improvements.

Buildings owned or man-

aged by ENERGY STAR partners are eligible to participate. Contestants will benefit from outreach and publicity events that will take place between April and October 2010. For more information or to complete an application form (*due February 12*), please visit www.energystar.gov/BuildingContest.

Spread the word and encourage building owners to apply, or nominate a building yourself for consideration.

2010 Census to Begin By Susan Johnson, Better Business Bureau

With the U.S. Census process beginning, the Better Business Bureau advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft. The first phase of the 2010 U.S. Census is under way as workers have begun verifying the addresses of households across the country. Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race, and other relevant data.

How do you tell the difference between a U.S. Census worker and a con artist? BBB offers the following advice:

- A U.S. Census worker will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.
- Census workers are currently only knocking on doors to verify address information.

REMEMBER, NO MATTER WHAT THEY ASK, YOU REALLY ONLY NEED TO TELL THEM HOW MANY PEOPLE LIVE AT YOUR ADDRESS.

The Census Bureau will not ask for Social Security, bank account, or credit card numbers, nor

will employees solicit donations. Any one asking for that information is NOT with the Census Bureau.

AND REMEMBER, THE CENSUS BUREAU HAS DECIDED NOT TO WORK WITH ACORN ON GATHERING THIS INFORMATION. No Acorn worker should approach you saying he/she is with the Census Bureau.

Eventually, Census workers may contact you by telephone, mail, or in person at home. However, the Census Bureau will not contact you by Email, so be on the lookout for Email scams impersonating the Census.

PLEASE SHARE THIS INFO WITH FAMILY AND FRIENDS

MEMBER COMPANIES

- AAR Testing Laboratory Inc.*
- ABC of Western Washington*
- Ater Wynne LLP*
- Building Beyond the Walls*
- Cadman Inc.*
- Cochran Inc.*
- Construction Center of Excellence*
- CSI Seattle*
- ErgoFit Consulting Inc.*
- Hoffman Construction Co. of Washington*
- Holiday-Parks, Inc.*
- Jackson Dean Construction, Inc.*
- JE Dunn Construction Co., Inc.*
- Job Corps/NW DFSI*
- MacDonald-Miller Facility Solutions*
- Moss Adams LLP*
- Mowat Construction Co.*
- Oles Morrison Rinker & Baker, LLP*
- Olympian Precast Inc.*
- Otto Rosenau & Associates*
- Pacific Fire & Security, Inc.*
- Phoenix Builders LLC*
- PSF Mechanical Inc*
- Puget Sound Energy*
- SME Inc of Seattle*
- Stalzer Consulting*
- Stoneway Concrete*
- The Snowden Co., Inc.*
- Tueffers, Guckian & Gamon, PLLC*
- University of Washington*



This annual forum is hosted by the Region's largest government entities; Sound Transit, Port of Seattle, King County, WA Department of Transportation, City of Seattle, University of Washington, WA General Administration and U.S. General Services Administration. Government agencies will come together with contractors, consultants, and suppliers to network and meet government contracting representatives.



Save the Date!
Tuesday, March 30 2010
8:00am – 3:30pm
**** 2010 NEW VENUE! ****
Washington State Convention & Trade Center, Seattle WA

For more information and to register for this year's event, visit:

<http://www.kingcounty.gov/contractforum>

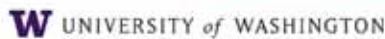
2010 RCF Chair:



Co-Chair:



Major Sponsors:



The Forum provides an opportunity for networking between businesses and public contracting authorities. Representatives will be able to discuss and provide information regarding their solicitation, contracting and award processes. We aim to include as many jurisdictions as possible.

- One-on-one interactive sessions between prime and sub contractor/consultants for Construction and Architectural Engineering Services.
- Meet the people who facilitate the contracting process within agencies
- Meet other business owners and initiate relationships for future partnering
- Learn how to sign up for the various rosters for small works projects

Small businesses, particularly Minority, Women and Disadvantaged Business Enterprises are encouraged to attend.

- Chapter #60:** www.NawicPugetSound.org
- NEF:** www.NawicEducation.org
- National:** www.Nawic.org
- ABC:** www.ABCWestWA.org
- Ladies:** www.PearlofWisdom.us
- ASPE:** www.ASPEPugetSound.org
- AGC:** www.ConstructionFoundation.org
- Trades:** www.SistersintheBuildingTrades.org