



NAWIC

Puget Sound - Chapter #60
Established ~ 1962

VOLUME 6 ISSUE 4

JANUARY 2011

President's Message By Sue Z. Hart, Building Beyond the Walls

Mark Your Calendar

January 10th - WSDOT Viaduct Tunnel, MBA

Tuesday, February 15th* - Insulated Concrete Forms, MBA

March 14th - Social Media, MBA

April 11th - Jobsite Tour, TBD

May 9th - VIP Night, MBA

June 13th - Jobsite Tour, TBD

July 9th - Strategic Planning, TBD

August 8th

September 12th

NAWIC Puget Sound meets the 2nd Monday of each month, 12 months a year.
*NOTE: Exceptions.

Are You Traveling Life's Journey with Balance?

On the radio this morning they asked the question "was 2010 a "good" year or a "good riddance" year. As I pondered this question my answer is a 'good year' and furthermore I think they should all be.

A new year is a time when the whole world seems to pause and look back at where we have been. What went right and what needs to be different? To say that things have not always gone well in my life is an understatement, but a friend taught me to look at problems differently. When things don't go the way I think they should I try to look at what could I do better? Sometimes things should not be abandoned but just need a different approach. Imagine what we might not have today if people gave up the first time things went wrong!

Whether it is personal or professional, our life should be a balance of looking back, looking forward and

embracing the present. I believe we miss opportunities whenever we focus too long in any one direction. We look back to gain perspective, insight and wisdom. We look forward to get direction, hope and inspiration for where we would like to go. It is the combination of looking back and looking forward that should drive our present. An easy way to remember this is to think of your life as a car. If you spend your time looking in the rearview mirror you will not be able to see the road in front of you. If you focus all your attention to the road ahead you may not see the semi-truck about to crash into you! Of course the car will not go anywhere without you in it! Like the car, you also need fuel. Whether it is information to keep you at the top of your game professionally or play that gives you joy in your personal life, you will not get far without fuel.

As you reflect on 2010, I'd like to suggest your 2011 resolutions include regular time for reflection and refueling. One of the things I love about the construction industry is we get to see projects from vision to completion. In life it is not always so; our lives are a continuous journey we get to map out. Yes, there will be roadblocks, potholes and detours but sometimes we are forced in a direction we should have found on our own. Watch for the opportunities! No matter what adventures life gives you, remember, you are at the wheel. You get to decide if you need to slow down or press the pedal to the metal. Be kind to the other drivers and give a ride now and then to help others on their journey. Keep your tank full (our monthly meetings are designed to help with that!) and most of all... enjoy the journey!

May your 2011 be the ride of a lifetime!

*To enhance the personal & professional success of women in the construction industry by
Believing in ourselves * Persevering with the strength of our convictions *
Daring to move into new horizons * Caring for each other & our community*

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**** Article submission
deadline is the 25th,
monthly ****

December Meeting Recap

Our December meeting was a potluck and was held at the University of Washington's Pacific Northwest Center for Construction Research and Education at Sand Point in Seattle. The facility is part of the old Navy Air Station. Executive Director Dr. Carrie Sturts Dossick (<http://faculty.washington.edu/cdossick/>) hosted the event and gave us a personal tour of this fascinating facility. Be sure to check out their website for more information <http://cm.be.washington.edu/>. As you may remember, our Charity of Choice for 2010 was the Master Builders Association of King & Snohomish (MBAKS) Care Foundations Ramp-a-Thon. We asked members to donate their normal meeting cost and raised \$205.



Chapter members gathered for the December meeting pot-luck dinner and tour. (Left to right) Maureen Byrnes, Alice Curtis, Nicole Martin, Judy Jewell, Sue Z. Hart, Carrie Sturts Dossick, Marilynn Moch, Sue Maddox, and (front center) Lily Iftner with daughter Cara.

- Chapter #60:** www.NawicPugetSound.org
- NEF:** www.NawicEducation.org
- National:** www.Nawic.org
- ABC:** www.ABCWestWA.org
- Ladies:** www.PearlofWisdom.us
- ASPE:** www.ASPEPugetSound.org
- AGC:** www.ConstructionFoundation.org
- Trades:** www.SistersintheBuildingTrades.org
- MBA Career:** www.constructionmatch.org
- www.constructionsolutionsconference.com/seattle

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January and February Event Notes

January's meeting on January 10th will be held at MBAKS in Bellevue, WA. Laura Gricar, WSDOT consultant, will present on the "Alaskan Way Viaduct Project".

Construction Challenge will be held on January 15th in Everett, WA. We currently have 36 teams with registration ending on January 7th. There is still time to get a team registered, go to www.constructionchallenge.org for more information or contact Sue Z. Hart directly at 425.337.6544. Caterpil-

lar will be there all day as our Rally sponsor. It's going to be a very exciting day for the high school teams and our Chapter. If any of you would like to volunteer let Sue know.

Please note: our February meeting will take place on **Tuesday** this year (2/15) so our members may celebrate Valentine's Day with their sweethearts. Stacey Fenton from Cadman will share with us about Insulated Concrete Forms (ICF) construction.

Also in February, we'll conduct our **Block Kids Competition**. Please contact Maureen at mjbynes21@comcast.net should you wish to assist with judging. We are seeking several more judges for this year's Block Kids. The event will take place on a Friday afternoon at Robert Frost Elementary in Kirkland. See photo and address below.



Robert Frost Elementary School
 11801 NE 140th Street • Kirkland, WA 98034
Block Kids site
Friday, February 11, 2011
Noon—3:30